

Alpine Scrambles Trip Report

Everett Mountaineers

Destination: Mt. Ruth
 Map(s): USGS Sunrise
 Guidebook: _____
 Trailhead: White River Campground
 Carpool at: I-5/145th 6:15 A.M.

Date of Trip: 7-20-02
 Scramble Rating: RS 4-3
 Summit Height: 8690'
 Elevation Gain: 4500'
 Miles Round Trip: 10

Ascent Route: Emmons Glacier Overlook trail to end, westerly on abandoned trail & road, 232° to meadows at approx. 5900', S up snowfield to ridge, to Ruth snowfield to summit

Descent Route: E & N to Glacier Basin, trail to White River Campground trailhead

Party Members

1) Lyle Harvey

Phone

(Leader)

From:	To:	Elapsed Times	Student	Potential Leader	Reached Destination	Adequately Prepared	Noted Below	Comments
<u>Carpool</u>	<u>Trailhead</u>	<u>1 3/4 hr</u>						
<u>Trailhead</u>	<u>Ridge</u>	<u>2 3/4 "</u>						
<u>Ridge</u>	<u>Summit</u>	<u>1 1/2 "</u>						
<u>Summit</u>	<u>Trailhead</u>	<u>3 "</u>						

Overall Pace of Party: Leisurely Moderate Intense
 Steepness/Difficulty: Can't fall Could fall Don't fall
 Terrain Encountered: Rock Snow Brush
 Equipment Recommended: Hardhat Crampons Rope
 Weather Conditions: _____

Was a handline used? Yes No (If Yes, describe circumstances)

Accident Involved? Yes No (If Yes, submit an accident report)

Trip Narrative/Comments (about skills and conditioning of students):
At the end of the Emmons Glacier Overlook Trail, an abandoned trail continues S.W. through some overgrown brush & small trees to the edge of a mature forest. An abandoned road with many fallen trees across it may then be followed W, a short mile, to the edge of a canyon. Proceeding S through forest & steeply up we come to a large meadow we follow W, then S up steep snow to a ridge overlooking the Emmons Glacier. The ridge is easily followed to the snowfield on Mt. Ruth, with the final 100 vertical feet on rock.
For our return route we glissaded approx. 2000' to Glacier Basin, intermittently walking short distances to our left or right to keep a long fall line ahead of us, and to avoid obstacles (rock outcrops, moats). From Glacier Basin area we returned by trail to the White River Campground trailhead.

(Continues on back)