

Alpine Scrambling Trip Report

Everett Mountaineers

Destination: Lichtenberg mtn	Date of Trip: 10/16/04
Map(s): GT Benchmark	Scramble Rating: 1-2
Guidebook:	Summit Height: 5844
Trailhead: #1590	Elevation Gained: 2200
Miles Round Trip: 7	

Leader: Tom Barnhart

Driving Instructions: Hwy 2 to Smithbrook Rd to TH

Ascent Route: Access via PET from north to Lk Valhalla (s. end), then east and north to summit.

Descent Route: Reverse

Weather conditions: rain - temp in 50's

Trip Summary	From	To	Elapsed Times
	Carpool: 7 am	Trailhead: 8:30 am	1.5 hours
Trail head: 8:45 am	Summit: 11:00 AM	3.2 hours	
Summit: 11:15 AM	Trailhead: 2:00 pm	2.5 hours	

Overall Pace of Party: Leisurely Moderate Intense
Steepness: Can't Fall Could Fall Don't Fall
Terrain Encountered: Rock Snow/ice Brush Other:
Equipment Recommended: Hardhat Crampons Rope Snowshoes
Was a hand line used: No (If yes, describe circumstances):
Accident Involved: No (If yes submit an accident report):

Trip Comments: while descending a steep muddy climbs path on the approach, slipped and sprained his left ankle. I wrapped the ankle, I gave my trekking poles and volunteered to slowly walk with back toward the TH. The remaining 4 continued the 1 mi to the summit and caught up with about 1 mi N. of Valhalla Lk, and continued as a group to the TH.