

# Snowshoeing Trip Report

Everett Mountaineers

Destination: <b>Lanham Lake</b>	Date of Trip: <b>1 Feb. '03</b>
Map(s): <b>GT Benchmark Mtn #144</b>	Rating: <b>Snowshoe</b>
Guidebook: <b>Snowshoe Routes - Washington</b>	Maximum Height: <b>4,100 Ft.</b>
Trailhead: <b>Mill Creek exit off US 2 over Stevens Pass</b>	Elevation Gained: <b>200 1,100 Ft.</b>
Miles Round Trip: <del>6</del> <b>3.2 Miles</b>	

Leader: **Rick Proctor**

Driving Instructions: **Meet at Monroe Park & Ride. Proceed east on US 2 for 6 miles beyond Stevens Pass to a right turn at the Mill Creek exit.**

Route: **1.6 miles alongside Lanham Creek southward and upward to Lanham Lake.**

Weather conditions: **Partly cloudy, variable breeze, 30° F., light to moderate snow flurries.**

**EMERGENCY TELEPHONE NUMBER: 206-335-0566**

Trip Summary	From	To	Elapsed Times
	Carpool: <b>8:30 am</b>	Trailhead: <b>9:30 am</b>	1 hour
	Trail head: <b>10:00 am</b>	Destination: <b>11:45</b>	1 3/4 hours
	Destination: <b>12:30 pm</b>	Trailhead: <b>1:45 pm</b>	1 1/4 hours

Overall Pace of Party:       Leisurely     Moderate     Intense  
 Terrain Encountered:       Rock             Snow/ice     Brush         Other.  
 Accident Involved: **No**    (If yes, submit an accident report):

Adequately    Comments

## Trip Comments:

The lack of snow in the Mountain Loop Highway area forced a change. Our group of three were the first of the day to park in the lot outside the Stevens Pass Nordic ski area. The route to Lanham Lake paralleled noisy Lanham Creek, and was initially marked with signs and flag tape of the Nordic ski area until we reached the buzzing power lines. A forest service trail sign beyond the power lines marked the trail. The gentle to moderate grade up to the lake was easy to follow due to the snowshoe-pounded trail. Silence in a few places where snow completely bridged the creek proved the sound insulating qualities of snow. Lanham Lake was frozen over and covered with snow. Someone before us had tried to walk on the lake edge and left a water filled snowshoe print where the thin ice had cracked. As we finished lunch, a few dark clouds brought wind off the lake and a brief moderate snowfall. Otherwise, light snow fell off and on throughout the trip. A couple of dozen people on snowshoes only were passed. 1,100 feet of elevation gain up to the 4,100 feet high lake was spread out over 1.6 miles each way. At our leisurely to moderate pace, we took 1\_ hours up, and 1\_ hours coming back out.